Adult Specialty Clinics



Ages 16 and older

Cardio Tennis

This fast-paced tennis aerobics class is full of tennis drills and games set to music. It's a great workout for all ability levels. Class fees are based on the number of classes held during the six-week sessions. *No class 9/2.

36135	М	7/29-9/2*	8-9 p.m.	\$40	KRC
36136	W	7/31-9/4	8-9 p.m.	\$48	KRC
36137	Sa	8/3-9/7	10-11 a.m.	\$48	KRC
36138	Su	8/4-9/8	10-11 a.m.	\$48	KRC
36139	М	9/9-10-14	8-9 p.m.	\$48	KRC
36140	W	9/11-10/16	8-9 p.m.	\$48	KRC
36142	Sa	9/14-10/20	9-10 a.m.	\$48	KRC
36143	Su	9/15-10/21	9-10 a.m.	\$48	KRC



Adult Tennis Camps:

These one-day, 2½-hour classes develop stroke improvement and strategy for singles and doubles play. Fee: \$30.

34382	Sa	8/17	4:30-7 p.m.	\$30
35931	Sa	9/21	3:30-6 p.m.	\$30
35932	Sa	10/19	3:30-6 p.m.	\$30

Ball Machine Drills:

Commit your strokes to muscle memory by hitting more balls than you ever imagined in these one-hour drill clinics. 6-week sessions. *No class on 7/4.

35914	T	7/30-9/3	7-8 p.m.	\$48
35915	Th	8/1-9/5	7-8 p.m.	\$48
35916	T	9/10-10/15	7-8 p.m.	\$48
35917	Th	9/12-10/15	7-8 p.m.	\$48

Starter League for Adults:

This program will assist beginner level players in establishing comfort with playing recreational Tennis. Instructor arranges singles and doubles matches, and assists players with positioning, scoring and strategy. Six-week sessions. *No league play 9/2.

35922	M	7/29-9/2*	7-8:30 p.m.	\$55
35923	Sa	8/3-9/7	9:30-11 a.m.	\$66
35924	M	9/9-10/14	7-8:30 p.m.	\$66
35925	Sa	9/14-10/19	11 a.m12:30 p.m.	\$66

Stroke of the Week:

Fast-paced drills combining emphasis on technique, strategy and movement. Each week will focus on a different shot, stroke or strategy. Drill is designed for all players rated 3.0 and above. Six or three- week drill sessions. Fee: \$48.

35935	W	7/31-9/4	7-8 p.m.	\$48
35936	W	9/11-10/16	6-7 p.m.	\$48

Advance Registration is Required
Register online at:
www.tempe.gov/brochure

